



Widener Memorial School



Giveaways



Light Refreshments

Parent/Guardian Town Hall & SAC

Widener Parents/Guardians You are invited
to attend our Meeting!



Where: Widener Memorial School
Date & Time: January 9th 2025 @11:00AM

Topic: Eat Right Philly

Join us for a 30 minute cooking demonstration
on Building a Healthy Plate.

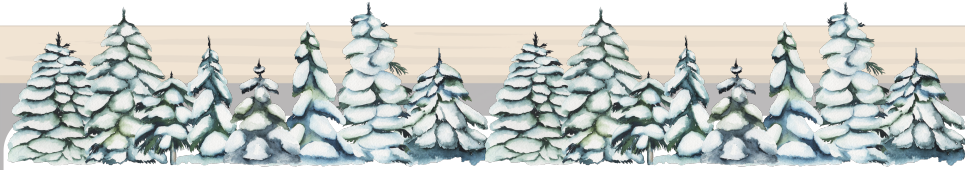
There will be a recipe for all to try, educational
materials to take home, and a free fun kitchen gadget.

Agenda

- Learn how to make healthy food choices within a limited budget
- Learn about choosing physically healthy lifestyles
- Discuss dietary guidelines

Additional questions contact Counselors: Latoya Gallman or Julia McClain @ 215-400-3710





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